



St Attracta's Junior School  
Meadowbrook,  
Ballinteer,  
Dublin 16



10<sup>th</sup> September, 2018

## W.O.W. Day Re-launch

Dear Parents,

As many of you are aware, St. Attracta's Junior School was awarded its 7<sup>th</sup> Green Flag in May 2018. For many years now our school has been busy going "green".

For the benefit of our new parents, here is a list of our Green Flag awards to date:

1. 2003 – 1<sup>st</sup> Green Flag for our recycling programme, "**Reduce, Reuse, Recycle**"
2. 2005 – 2<sup>nd</sup> Green Flag for our "**Energy**" saving initiatives
3. 2007 – 3<sup>rd</sup> Green Flag for our "**Water Conservation**" efforts
4. 2009 – 4<sup>th</sup> Green Flag for "**Travel**"
5. 2012 – 5<sup>th</sup> Green Flag for "**Climate Change**"
6. 2015 – 6<sup>th</sup> Green Flag for "**Biodiversity**"
7. 2018 – 7<sup>th</sup> Green Flag - **Global Citizenship - Litter & Waste Management**

Currently, we continue to work on all of the above Green-School themes as well as embracing new initiatives presented by An Taisce and the County Council.

Over the past number of years, both the children and parents of St. Attracta's Junior School have responded enthusiastically to our **W.O.W.** days. This means, "**Walk on Wednesday**" or "**Walk Once a Week**", which ever suits you best.

We actively encourage the children to walk or cycle to school as often as possible.

For the re-launch we hope all children and adults will join us in walking or cycling to school. If you live a distance away perhaps you can "**Park and Stride**", i.e. park your car safely in the locality and walk the final part of your journey to school. Next week is '**European Mobility Week**' so let's be ready!

There are many good reasons for having children walk or cycle to school and leave that car at home:

- ✓ general good health and well-being - exercise prepares us for the day ahead
- ✓ it is a good habit for their future lives
- ✓ benefits the environment with reduced carbon emissions
- ✓ reduced fuel costs
- ✓ restricted parking in school environs

St. Attracta's Junior School has incentive schemes to encourage children to walk or cycle once a week. Our Green Schools committee and staff will help monitor progress and winning classes will be acknowledged and presented with the 'Golden Boot Award'.

We are looking forward to seeing you all striding out for St. Attracta's on Wednesday mornings. Indeed, why confine it to once a week? Walk everyday!

Sincerely,  
Margaret O'Neill  
Green-Schools Co-ordinator.

Tommy Neary  
Principal